

Crisis Lines

National Suicide Prevention Lifeline
1-800-273-TALK (8255) *Press #1 if you are a Veteran*

Samaritans Statewide
1-877-870-4673

LGBTQ Youth Suicide Hotline
1-866-4-U-TREVOR

Teen Help Line
1-310-855-HOPE

Teen Text Line
Text "GO" to 741-741

Resources

Heywood Hospital
978-632-3420

National Alliance for the Mentally Ill
800-950-6264

Statewide Emergency Services
877-382-1609

Community Health Link
800-977-5555

Gardner Community Health Center
978-410-6100

Suicide Prevention Task Force
www.suicidepreventiontaskforce.org

American Foundation for Suicide Prevention
www.afsp.org

Massachusetts Coalition for Suicide Prevention
www.masspreventionssuicide.org

Massachusetts Department of Public Health
www.mass.gov/eohhs/gov/departments/dph/

The Trevor Project
www.thetrevorproject.org

Substance Abuse & Mental Health
Services Administration
www.SAMHSA.gov

*For additional resources, visit
suicidepreventiontaskforce.org/youth*



**Montachusett Suicide
Prevention Task Force**
Providing Hope to Our Community

 **Heywood Healthcare**
Athol Hospital | Heywood Hospital



THE MONTACHUSETT YOUTH SUICIDE PREVENTION GROUP

The Montachusett Youth Suicide Prevention Group (YSP) works with Gardner public schools, creating awareness and prevention in the region. This group of like-minded teens will work to provide information about youth suicide prevention in a safe, friendly environment. Working with GHS and GALT students and administration, the YSP is here to shape the future of suicide prevention in our community. Our groups will focus on positive relations, safe talk, and creating safe culture for our peers. Guidance counselors will be available to students if needed.

**We will not provide crisis management,
however we will refer you to assistance.**

